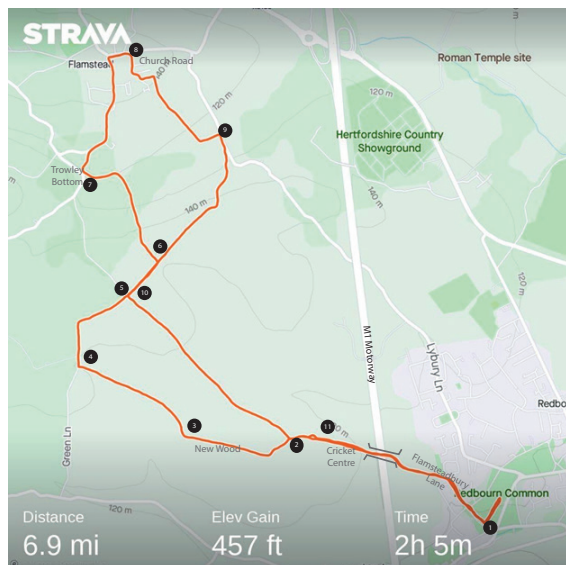


Active in Redbourn Walk No.1 Redbourn to Flamstead



Overview

- Distance 12k / 6.9 miles
- Time – 2.5 to 3 hours
- Some steady inclines out of Redbourn, into and out of Flamstead.
- Mix of streets, field paths and quiet trails/ roads.
- No busy roads. Lanes out of Redbourn, into and around Flamstead village.
- Cricketers Pub on the common, snacks and drinks on the High Street (various).
- Spotted Dog and Three Blackbirds pubs, and village stores in Flamstead

Route description

Start at cricket pavilion on Redbourn Common.

Head south along the avenue towards Church End and at the end of the tree-lined avenue turn right,

(1) Skirting the common, soon joining Flamsteadbury Lane. Continue along this lane for 400 metres, leaving the common as it soon becomes a private road (marked) which you continue along for a further 600 metres, up an incline and over the M1 motorway and then passing Flamsteadbury Lane Choice Cricket Centre and adjoining farm buildings on your left, passing through a gate where the paved lane soon becomes a rough track.

(2) 200 metres beyond this gate you reach a fork in the track, take the left fork and after another 100 metres take another fork, this time to your right and head along the still marked track over open fields for a further 800 metres until you reach a small wood in front of you (New Wood).

(3) Take a right along a grass path, immediately adjacent to the wood on your left for another 200 metres and then follow the path round to your left down a short incline and then up another incline for 600 metres at the side of open fields with a hedgerow immediately to your right.

(4) When you reach a stile gap in the fence as your entrance to the public road which is Green Lane. Take a right turn at this gap, proceed along the road for 500 metres (under the power cables).

(5) Where the road takes a sharp left, at this corner take a foot-path / bridle way heading straight on (signposted to Delmerend Lane).

(6) Proceed along this bridle path and after 250 metres take a left (signposted Flamstead, Hertfordshire Way) and head across a poorly marked path for 200 metres across a field and in front of a large oak tree follow the path forking to your right, this becomes a track heading downwards between two large fields, lightly fenced on either side. At the foot of this hill continue

along the track which will take you left into Trowley Bottom with Trowley Bottom Farm on your left. Take a right along a track with a high wall to your left and reach Trowley Bottom cottages (7) Take a right turn up White Hill towards Flamstead village. (marked sign) After 100 metres on White Hill, take a right turn and follow the road up the hill for 500 metres, passing the school on your right and into the village centre with St Leonards church on your right. At the Three Blackbirds pub take a right turn, passing alongside the Spotted Dog (8) Take a right turn into Church Road immediately opposite the Village Stores. Proceed along Church Road passing the Village Hall on your right and into Pie Corner. A few metres along Pie Corner take a left on to signposted alley way which briefly becomes the Chiltern Way. At the end of the alleyway (50 metres) go through a kissing gate, turn right and follow the path down a hill for 400 metres, with houses to your right initially. The path will take you in a straight line down and across open field until you reach another kissing gate. Go through this gate, heading left for 150 metres to the opposite corner and through another kissing gate heading left for about 40 metres which brings you to the foot of a hill

(9) Take a right here and follow the track upwards through some trees for 300 metres, and at the top of the hill take a right along a bridle way, through the tree lined avenue eventually retracing your earlier steps along this bridle way until you reach the road taking care not to take either of two signposted paths to Redbourn on your left. (10) At the end of the bridleway do not rejoin the road but take a left down a clearly marked track, downwards across more open fields towards Redbourn for 1500 metres.

(11) You will eventually rejoin the track alongside Flamsteadbury Farm and the Cricket Centre on your right. Follow the road down and across the M1, back along the private road until you reach the common and make your way back to the Cricket Pavilion start point.

For more information about walks in and around Redbourn visit our web site
www.activeinredbourn.co.uk/walking

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