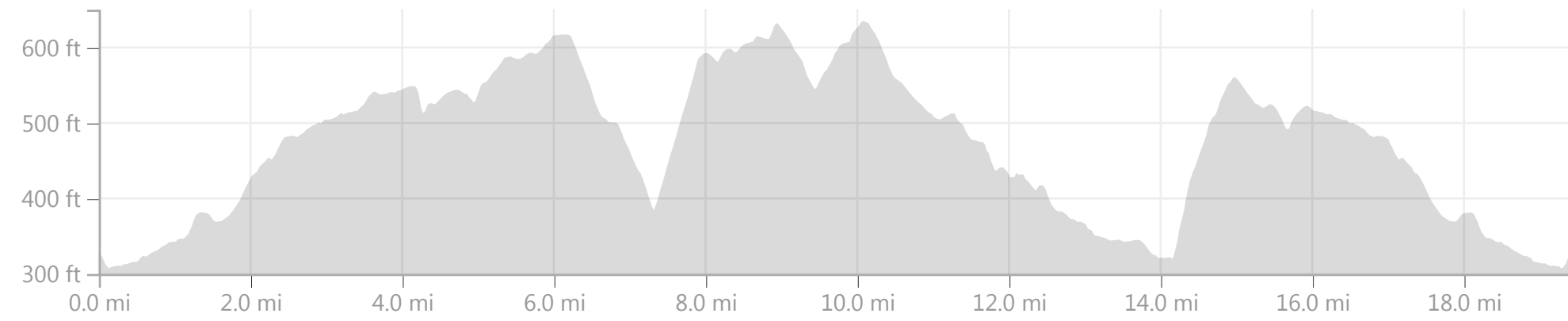
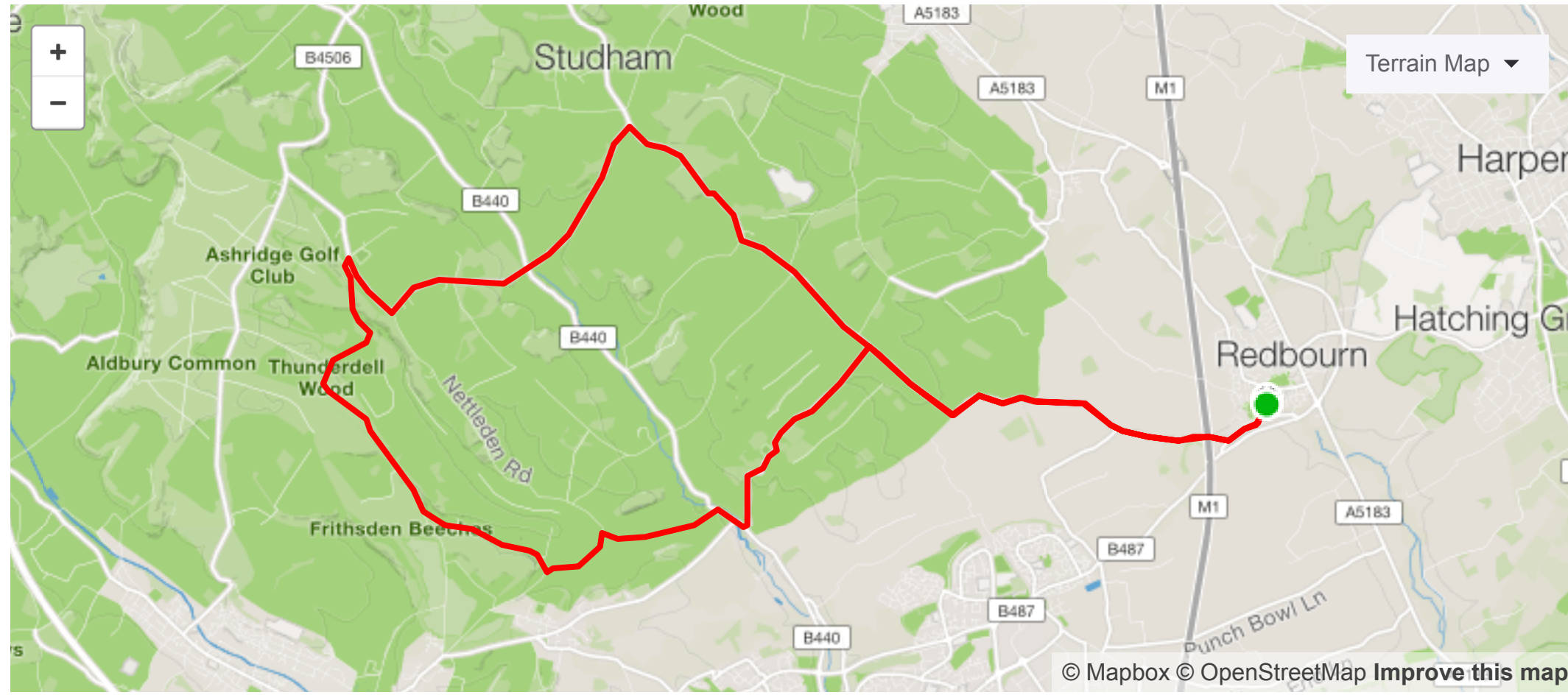


Strava Cycling Route



A 20 mile circular route to Ashridge passing through the National Trust estate and the historic Ashridge House. This ride is mostly on quiet lanes but there are some short very busy stretches of road and some longer and steeper hills.



By Pam C.
Created on May 31, 2019

19.47mi 1,045ft Road
Distance Elevation Gain Ride Type

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Segments

Name	Distance	Elev. Diff.	Avg. Grade
M1 to corner farm	2.21 mi	162 ft	1.3%
Mount Gaddesden	0.57 mi	82 ft	2.7%
Gaddesden Row Kilo - leg 1	0.72 mi	30 ft	0.8%
Byslips road climb long.	1.27 mi	61 ft	0.5%
Little Shit!!	0.15 mi	24 ft	3.0%
Hudnall climb (full)	1.08 mi	254 ft	4.4%
Red Lion Hill	0.61 mi	192 ft	5.9%
STAR WARS	0.66 mi	72 ft	-2.0%
Gaddesden Lane down to M1	2.08 mi	167 ft	-1.5%
the last kilo	0.59 mi	37 ft	-1.2%

Strava Routes

Make the most of your run or ride with Strava Routes. They're community curated and backed by Strava activity data to help you choose the right roads and paths. [Learn more](#)

