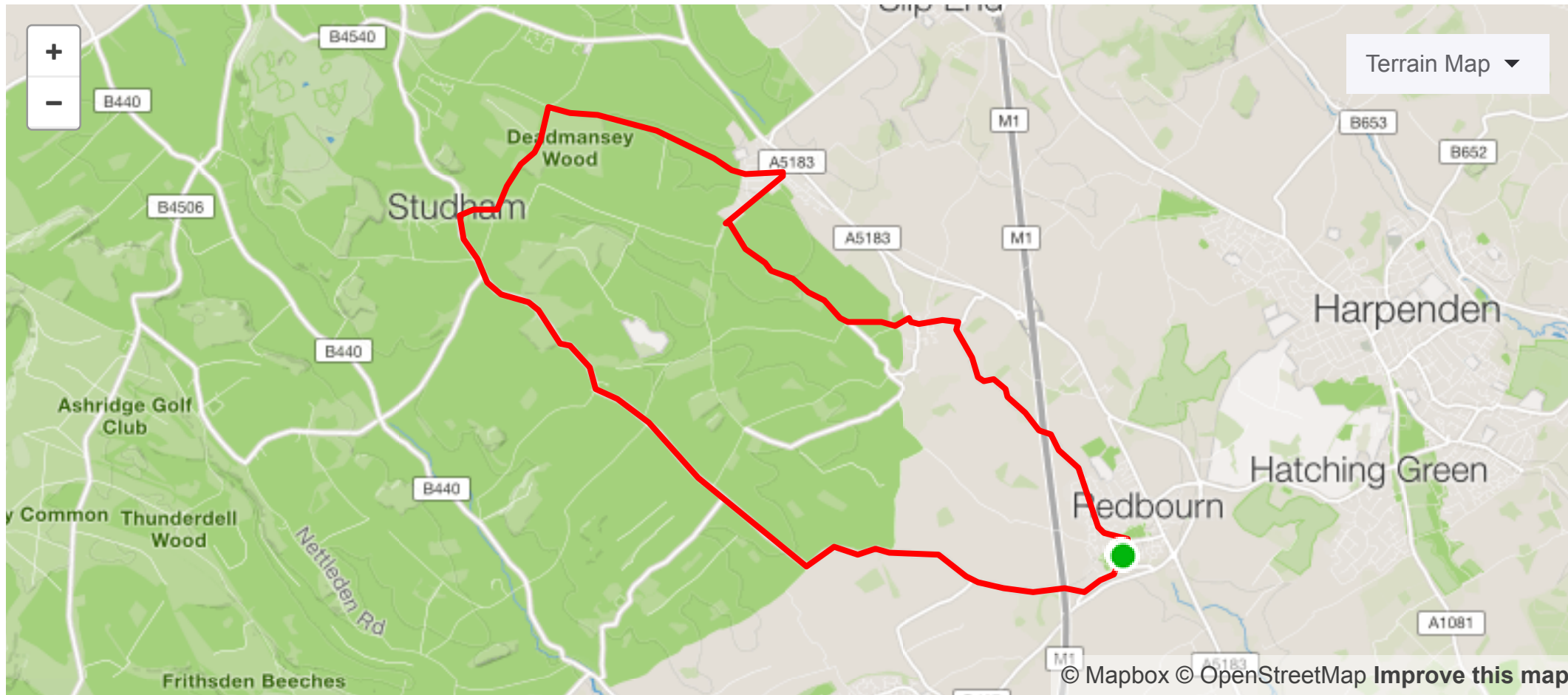


Strava Cycling Route

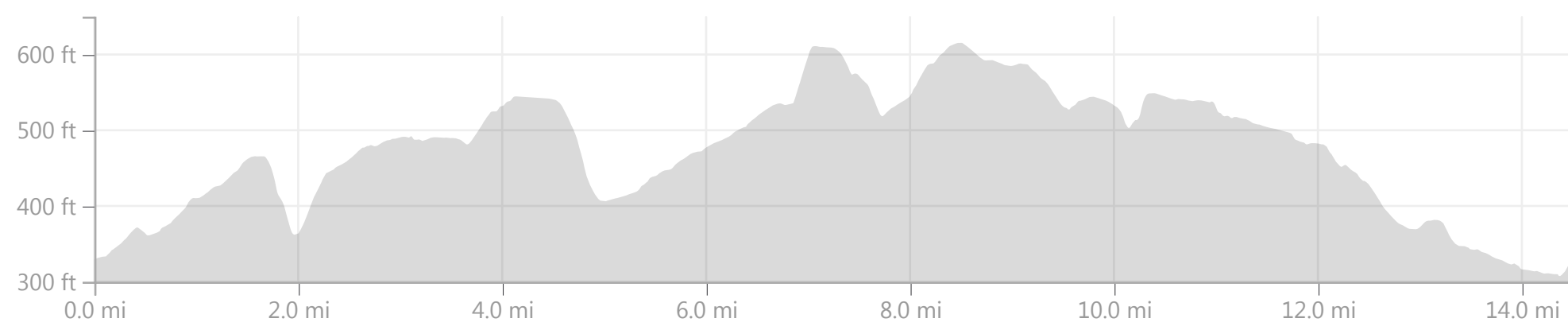
From Redbourn to Studham. A circular route leaving Redbourn and passing through the villages of Flamstead, Markyate and Studham. All three villages have pubs and Flamstead and Markyate also have village shops where refreshments can be purchased. This route is on quiet lanes although there may be some fast moving traffic.



By Pam C.
Created on November 15, 2018

14.53mi 724ft Road
Distance Elevation Gain Ride Type

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Segments

Name	Distance	Elev. Diff.	Avg. Grade
Race to the Chequers	2.62 mi	13 ft	-0.0%
Gaddesden sprint	0.07 mi	30 ft	7.2%
Gaddesden Flat Out	1.39 mi	63 ft	-0.9%
Gaddesden Row Sprint	0.57 mi	27 ft	-0.9%
Redbourn Sign Sprint	0.22 mi	11 ft	-0.9%
STAR WARS	0.66 mi	72 ft	-2.0%
Gaddesden Lane down to M1	2.08 mi	167 ft	-1.5%
Gaddesden lane flat out	0.34 mi	25 ft	-1.3%
the last kilo	0.59 mi	37 ft	-1.2%
The last ten	0.17 mi	11 ft	-1.2%

Strava Routes

Make the most of your run or ride with Strava Routes. They're community curated and backed by Strava activity data to help you choose the right roads and paths. [Learn more](#)

